******St Charles Catholic Primary School**

**Autumn Lunch Menu**

**Week 2**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Hot Main Dish** | [Image result for tomato penne](https://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiLz6Sx0t3RAhUSahoKHbeuCKcQjRwIBw&url=https://savuryandsweet.com/2011/03/24/rome-penne-with-bacon-mushrooms-and-tomato-sauce/&psig=AFQjCNGFeiD3SqFY0q5pgk-lp2ExagYLJA&ust=1485445640439359)Penne Pasta Cheese and Tomato Bake | [Related image](https://www.google.co.uk/imgres?imgurl=http://4.bp.blogspot.com/_diRyK08pUMU/S9jIFxD2fpI/AAAAAAAADEc/zul-PQe9rTE/s1600/13-lb-burger.png&imgrefurl=http://michellesherwood.blogspot.com/2010/04/free-food-at-back-yard-burgers.html&docid=gwaBXft9MwPLJM&tbnid=vcVn-lVZJKqqzM:&w=492&h=374&safe=strict&bih=805&biw=1440&ved=0ahUKEwjMu--kmq_PAhVBmhQKHZhKAMYQxiAIBCgC&iact=c&ictx=1)  Beef Burger  Wedges | Easy Japanese Chicken Curry Recipe - Dinner, then DessertChicken curry with rice | Gallery: Our favourite school dinners | Education | The GuardianRoast of the Day | Breaded Cod Fillets (110-140g)Cod fillets & chips |
| **Hot Vegetarian Dish** | 102 Baked Beans Cheese Jacket Potato Stock Photos - Free & Royalty-Free  Stock Photos from DreamstimeBaked Potatoes  with beans or tuna or cheese | Sausage, Red Wine and Butter Bean Casserole - Easy Peasy FoodieVegetarian Sausage Casserole | Vegetable Korma - Vegan HeavenVegetable Korma | 3,273 Spanish Omelette Stock Photos, Pictures & Royalty-Free Images - iStock  Spanish omelette | Curried Potato Veggie Burgers Recipe | Food Network Kitchen | Food NetworkVegetarian Burger |
| **Salads** | Bean Salad | Mixed Green salad  & Coleslaw | Sliced peppers, cucumbers &carrot sticks | Mixed Green Salad | Sliced peppers, cucumbers & carrot sticks |
| **Vegetables** | Peas | Green beans | Sweetcorn | Mixed vegetables | Baked Beans |
| **Desserts** | Carrot Cake  Vanilla Custard  Fresh Fruit: sliced apple and oranges | Rice Pudding and Jam  Fresh Fruit: sliced apple and oranges | Fruit Salad  Fresh Fruit: sliced apple and oranges | Fruit Crumble& Custard  Fresh Fruit: sliced apple and oranges | Strawberry Jelly & Ice cream  Fresh Fruit: sliced apple and oranges |

**Cool Water, Fresh Seasonal Fruit, Fresh Vegetables and Wholegrain Bread served daily***(All dishes are subject to delivery and may vary from time to time)*