******St Charles Catholic Primary School**

**Autumn Lunch Menu**

**Week 3**

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| --- | --- | --- | --- | --- | --- |
|  | **Monday**  | **Tuesday** | **Wednesday** | **Thursday**  | **Friday** |
| **Hot Main Dish** | 750+ Pizza Slice Pictures [HD] | Download Free Images on UnsplashMargherita Pizza& Wedges | Gluten Free Spaghetti Bolognese Recipe - GlutafinSpaghetti Bolognese | Easy Honey Mustard Chicken Thighs (Instant Pot) - The Forked SpoonChicken Thighs & Rice | Gallery: Our favourite school dinners | Education | The GuardianRoast of the day | Breaded Cod Fillets (110-140g)Cod fillet & chips |
| **Hot Vegetarian Dish** | Easy Ratatouille Recipe | Healthy, Budget-Friendly - Elavegan | RecipesRatatouille and rice | Easy Creamy Vegetable Curry | Meat Free Recipe | McCormick AustraliaVegetable Curry | Related imageMacaroni cheese | 3,273 Spanish Omelette Stock Photos, Pictures & Royalty-Free Images - iStockSpanish Omelette | Vegetarian Tortilla Wraps |
| **Salads** | Bean Salad | Mixed Green salad | Sliced peppers, cucumbers &carrot sticks | Mixed Green Salad | Sliced peppers, cucumbers & carrot sticks |
| **Vegetables** | Peas & Sweetcorn | Mixed Vegetables | Green Beans &Carrots | Broccoli & cauliflower florettes | Baked Beans & colslew  |
| **Desserts** | Apple Sponge Vanilla CustardFresh Fruit: sliced apple and oranges | Yogurt with seasonal fruitsFresh Fruit: sliced apple and oranges | Fruit Crumble with custardFresh Fruit: sliced apple and oranges | Chocolate CakeCustardFresh Fruit: sliced apple and oranges |  Strawberry Jelly & Ice creamFresh Fruit: sliced apple and oranges |

**Cool Water, Fresh Seasonal Fruit, Fresh Vegetables and Wholegrain Bread served daily***(All dishes are subject to delivery and may vary from time to time)*