******St Charles Catholic Primary School**

**Autumn Lunch Menu**

**Week 3**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Hot Main Dish** | 750+ Pizza Slice Pictures [HD] | Download Free Images on UnsplashMargherita Pizza  & Wedges | Gluten Free Spaghetti Bolognese Recipe - GlutafinSpaghetti Bolognese | Easy Honey Mustard Chicken Thighs (Instant Pot) - The Forked SpoonChicken Thighs  & Rice | Gallery: Our favourite school dinners | Education | The GuardianRoast of the day | Breaded Cod Fillets (110-140g)Cod fillet & chips |
| **Hot Vegetarian Dish** | Easy Ratatouille Recipe | Healthy, Budget-Friendly - Elavegan | RecipesRatatouille and rice | Easy Creamy Vegetable Curry | Meat Free Recipe | McCormick Australia  Vegetable Curry | [Related image](https://www.google.co.uk/imgres?imgurl=http://www.taste.com.au/images/recipes/tas/2006/10/16380_l.jpg&imgrefurl=http://www.taste.com.au/recipes/16380/best+ever+macaroni+cheese&docid=Kzz-zfEQx-TiBM&tbnid=p2UwjLK6rIOI0M:&w=614&h=409&ved=0ahUKEwj9teGVqYfLAhWF1hQKHfI6DBQQxiAIAg&iact=c&ictx=1)  Macaroni cheese | 3,273 Spanish Omelette Stock Photos, Pictures & Royalty-Free Images - iStockSpanish Omelette | Vegetarian Tortilla Wraps |
| **Salads** | Bean Salad | Mixed Green salad | Sliced peppers, cucumbers &carrot sticks | Mixed Green Salad | Sliced peppers, cucumbers & carrot sticks |
| **Vegetables** | Peas & Sweetcorn | Mixed Vegetables | Green Beans &  Carrots | Broccoli & cauliflower florettes | Baked Beans & colslew |
| **Desserts** | Apple Sponge Vanilla Custard  Fresh Fruit: sliced apple and oranges | Yogurt with seasonal fruits  Fresh Fruit: sliced apple and oranges | Fruit Crumble with custard  Fresh Fruit: sliced apple and oranges | Chocolate Cake  Custard  Fresh Fruit: sliced apple and oranges | Strawberry Jelly & Ice cream  Fresh Fruit: sliced apple and oranges |

**Cool Water, Fresh Seasonal Fruit, Fresh Vegetables and Wholegrain Bread served daily***(All dishes are subject to delivery and may vary from time to time)*