



# St Charles RC Primary School

## PSHE & RSE Curriculum Map

### 2024-2025



| Term   | Nursery   | Reception  | Year 1  | Year 2  | Year 3<br>(including 3/4)   | Year 4  | Year 5  | Year 6  |
|--------|---|--|---|---|---|---|---|---|
| Autumn | <p><b>Module 1:<br/>Created and loved by God</b><br/>Unit 1: Religious Understanding</p> <p>Enjoys the company of other children and wants them.</p> <ul style="list-style-type: none"> <li>● Begin to be more outgoing with unfamiliar people and show more confidence in new social situations.</li> <li>● Select and use resources with help.</li> <li>● Play with at least one other child, giving cues in play.</li> <li>● Begin to find solutions to conflicts (i.e. sharing with others)</li> <li>● Follow simple class rules.</li> <li>● Develop a sense of responsibility within the class.</li> <li>● To settle at a self-chosen activity for a period of time. to play with</li> </ul> | <p><b>Module 1:<br/>Created and loved by God</b><br/>Unit 1: Religious Understanding</p> <p><b>Module 1:<br/>Created and loved by God</b><br/>Unit 2: Me, My Body, My Health</p> <ul style="list-style-type: none"> <li>● Recognise that they belong to different communities and social groups.</li> <li>● Talk freely about their own home and community.</li> <li>● Seeks out a familiar adult for comfort, help and assistance.</li> <li>● See themselves as a valuable individual.</li> </ul> | <p><b>Module 1:<br/>Created and loved by God</b><br/>Unit 1: Religious Understanding</p> <p><b>Keeping Well and Clean</b></p> <p>Physical Health and Fitness<br/>Healthy Eating<br/>Health and Prevention</p> | <p><b>Module 1:<br/>Created and loved by God</b><br/>Unit 1: Religious Understanding</p> <p><b>Module 1:<br/>Created and loved by God</b><br/>Unit 4: The cycle of life</p> <p><b>Healthy People</b><br/>Metal Wellbeing<br/>Physical Health and Fitness<br/>Healthy Eating<br/>Health and Prevention</p> | <p>LKS2 Module 1:<br/><b>Created and loved by God</b><br/>Unit 1: Religious Understanding</p> <p><b>Healthy Lifestyles</b><br/>Healthy Eating<br/>Physical Health and Fitness</p>   | <p><b>Module 1:<br/>Created and loved by God</b><br/>Unit 1: Religious Understanding</p> <p><b>Mental Health</b><br/>Mental Wellbeing</p> | <p><b>Module 1:<br/>Created and loved by God</b><br/>Unit 1: Religious Understanding</p> <p><b>Module 2:<br/>Created to love others</b><br/>Unit 1: Religious Understanding</p> <p><b>(LKS2 modules)</b><br/><b>Module 1:<br/>Created and loved by God</b><br/>Unit 2 continued: Me, My Body, My Health</p> | <p><b>Module 3:<br/>Created to live in community</b><br/>Unit 1: Religious Understanding</p> <p><b>Module 3:<br/>Created to live in community</b><br/>Unit 2: Living in the wider world</p> |
|        | <p><b>Module 2:<br/>Created and Loved by God.</b><br/>Unit 1: Religious Understanding</p> <p><b>Coping with conflict</b><br/>Caring and Friendships<br/>Respectful Relationships<br/>Mental Wellbeing<br/>Internet Safety and Harms</p>   | <p><b>Module 1:<br/>Created and loved by God</b><br/>Unit 2: Me, My Body, My Health</p> <p><b>Emotions and Feelings</b><br/>Being Safe<br/>Mental Wellbeing</p>  | <p><b>Module 1:<br/>Created and loved by God</b><br/>Unit 1: Religious Understanding</p> <p><b>Friendship and Inclusion</b><br/>Respectful relationships<br/>Caring friendships<br/>Mental Wellbeing</p>      | <p><b>Module 2:<br/>Created to love others</b><br/>Unit 2: Personal relationships</p> <p><b>Friendships and coping with bullying</b><br/>Caring and Friendships<br/>Respectful Relationships<br/>Online Relationships<br/>Being Safe<br/>Mental Wellbeing</p>   | <p><b>Conflict resolution</b><br/>Caring Friendships<br/>Respectful Relationships<br/>Online Relationships<br/>Mental Wellbeing</p> <p><b>Protected Characteristics and bullying</b><br/>Respectful relationships<br/>Online Relationships<br/>Mental Wellbeing</p> |   |   |   |

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|        |  |   |   | <b>Making and breaking friendships</b><br>Caring Friendships<br>Mental Wellbeing   |   |   | <b>Stereotypes and diversity</b><br>Respectful Relationships   |   |
| Spring | <b>Module 2: Created to love others</b><br>Unit 1: Religious Understanding<br><br><b>Module 2: Created to love others</b><br>Unit 2: Personal Relationships<br><br><ul style="list-style-type: none"> <li>• Talk about their feelings (if they are happy or sad and why).</li> <li>• Play with more than one child, extending and elaborating play ideas.</li> <li>• Takes part in pretend play</li> <li>• Builds upon two way conversations (listening and responding to others).</li> <li>• Takes risks and tries new things.</li> </ul> | <b>Module 1: Created and Loved by God</b><br>Unit 3: Emotional Well-being<br><br><b>Module 1: Created and loved by God</b><br>Unit 4: Life Cycles<br><br><ul style="list-style-type: none"> <li>• Build constructive and respectful relationships.</li> <li>• Express their feelings and consider the feelings of others.</li> <li>• Can talk about what they can do well and what they need help with.</li> <li>• Shows confidence choosing the resources they need for activities.</li> </ul> | <b>Module 2: Created to love others</b><br>Unit 2: Personal Relationships<br><br><b>Losing and Finding</b><br>Mental Wellbeing<br><br><b>Module 2: Created to love others</b><br>Unit 3: Keeping Safe | <b>Module 1: Created and loved by God</b><br>Unit 3: Emotional Wellbeing<br><br><b>Module 3: Created to live in the community</b><br>Unit 1: Religious Understanding<br><br><b>Module 3: Created to live in community</b><br>Unit 2: Living in the wider world | LKS2 <b>Module 2: Created to love others</b><br>Unit 2: Personal relationships<br><br><b>Me and my community</b><br>Being a responsible citizen<br><br><b>Where do things come from?</b><br>Being a responsible citizen<br>Economic Wellbeing | <b>Module 1: Created and love by God</b><br>Unit 3: Emotional Wellbeing<br><br><b>Module 3: Created to live in Community</b><br>Unit 1: Religious Understanding<br><br><b>Persuasion and Pressure</b><br>Respectful Relationships<br>Being Safe<br>Online Relationships<br>Mental Wellbeing | <b>Module 1: Created and loved by God</b><br>Unit 4: Life Cycles<br><br><b>Module 2: Created to love others</b><br>Unit 3: Keeping Safe<br><br><b>What makes a democracy?</b><br>Being a responsible citizen | <b>Module 1: Created and Loved by God</b><br>Unit 3: Emotional Wellbeing<br><br><b>Money and me</b><br>Economic Wellbeing<br><br><u><b>Year 6 Relationships Conference</b></u><br><b>Module 1: created and loved by God</b><br>Unit 1: Religious Understanding<br>Unit 2: Me, My Body, My Health<br>Unit 4: Life Cycles |
|        | Summer   | <b>Module 3: Created to live in Community</b><br>Unit 1: Religious Understanding<br><br><b>Module 3: Created to live in Community</b>   | <b>Module 2: Created to love others</b><br>Unit 3: Keeping Safe<br><br><b>Module 3: Created to live in community</b><br>Unit 1: Religious   | <b>Looking after myself</b><br>Being Safe<br><br><b>Keeping Safe</b><br>Being Safe<br>Health and Prevention<br><br><b>The Environment</b><br>Being a   | <b>Global Food</b><br>Being a responsible citizen   | LKS2 <b>Module 2: Created to love others</b><br>Unit 2: Personal relationships  | <b>Module 3: Created to live in Community</b><br>Unit 2: Living in the wider world<br><br><b>Healthy Lifestyles</b><br>Healthy Eating<br>Health and Prevention   | <b>Module 3: Created to live in community</b><br>Unit 1: Religious Understanding<br><br><b>Healthy lifestyles</b><br>Mental Wellbeing   |

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|  | Unit 2: Living in the wider world  | Understanding  | responsible citizen  |   |   | Physical Health and Fitness                 | Physical Health and Fitness<br>Healthy Eating<br>Health and Prevention  |  |
|  | <ul style="list-style-type: none"> <li>• Begin to understand the feelings of others and respond appropriately.</li> <li>• Help to find solutions to conflicts.</li> <li>• Follow rules without always needing reminding.</li> <li>• Engages in pretend play with different roles</li> <li>• Aware of similarities and differences between themselves and others and celebrates these.</li> </ul> | <ul style="list-style-type: none"> <li>• To show resilience and perseverance in the face of challenge.</li> <li>• To identify and moderate their own feelings and emotions.</li> <li>• To manage their own needs.</li> <li>• To think about the feelings and perspectives of others.</li> <li>• As above and...</li> <li>• Help the children to talk about and reflect on their learning through self evaluation.</li> <li>• Help the children to set and achieve their own goals.</li> <li>• Provide strategies for calm behaviour (breathing, time in a quiet space).</li> <li>• Notices when they can improve their creations and sees this as learning and improving.</li> </ul> | <b>Module 3:<br/>Created to live in the community</b><br>Unit 1: Religious Understanding<br><br><b>Money</b><br>Economic Wellbeing | <b>Exploring our families</b><br>Families and people who care for me<br>Being Safe<br><br><b>Money, shopping and saving</b><br>Economic Wellbeing | <b>LKS2 Module 3:<br/>Created to love others</b><br>Unit 1: Religious Understanding<br><br><b>Aspirations</b><br>Economic Wellbeing<br>Careers<br><br><b>Managing Money</b><br>Economic Wellbeing | <b>Managing Money</b><br>Economic Wellbeing | <b>Self-respect and personal goals</b><br>Respectful Relationships<br><br><b>Working together and aspirations</b><br>Respectful relationships<br>Careers<br><br><b>Money</b><br>Economic Wellbeing<br>Being a responsible citizen | <b>Aspirations, work and career</b><br>Economic Wellbeing<br>Careers<br><br><b>Moving On</b><br>Mental Wellbeing |

**TenTen curriculum**

**Module 1: Created and loved by God**

**Module 2: Created to love others**

**Module 3: Created to live in the community**

**PSHE HEP Planning:**

**Core theme 1: Health and wellbeing**

**Core theme 2: Relationships**

**Core theme 3: Living in the wider world**

**EYFS - PSED ARE by term**