



St Charles RC Primary School

PSHE & RSE Curriculum Map

2024-2025



Term	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6					
Autumn	<p>Module 1: Created and loved by God Unit 1: Religious Understanding</p> <p>Enjoys the company of other children and wants them.</p> <ul style="list-style-type: none"> • Begin to be more outgoing with unfamiliar people and show more confidence in new social situations. • Select and use resources with help. • Play with at least one other child, giving cues in play. • Begin to find solutions to conflicts (i.e. sharing with others) • Follow simple class rules. • Develop a sense of responsibility within the class. • To settle at a self-chosen activity for a period of time. to play with 	<p>Module 1: Created and loved by God Unit 1: Religious Understanding</p> <p>Module 1: Created and loved by God Unit 2: Me, My Body, My Health</p> <ul style="list-style-type: none"> • Recognise that they belong to different communities and social groups. • Talk freely about their own home and community. • Seeks out a familiar adult for comfort, help and assistance. • See themselves as a valuable individual. 	<p>Module 1: Created and loved by God Unit 1: Religious Understanding</p> <p>Keeping Well and Clean</p> <p>Physical Health and Fitness Healthy Eating Health and Prevention</p>	<p>Module 1: Created and loved by God Unit 1: Religious Understanding</p> <p>Module 1: Created and loved by God Unit 4: The cycle of life</p> <p>Healthy People Metal Wellbeing Physical Health and Fitness Healthy Eating Health and Prevention</p>	<p>LKS2 Module 1: Created and loved by God Unit 1: Religious Understanding</p> <p>Healthy Lifestyles Healthy Eating Physical Health and Fitness</p>	<p>Module 1: Created and loved by God Unit 1: Religious Understanding</p> <p>Mental Health Mental Wellbeing</p>	<p>Module 1: Created and loved by God Unit 1: Religious Understanding</p> <p>Module 2: Created to love others Unit 1: Religious Understanding</p> <p>(LKS2 modules) Module 1: Created and loved by God Unit 2 continued: Me, My Body, My Health</p>	<p>Module 3: Created to live in community Unit 1: Religious Understanding</p> <p>Module 3: Created to live in community Unit 2: Living in the wider world</p>	<p>Module 2: Created and loved by God. Unit 1: Religious Understanding</p> <p>Module 1: Created and loved by God Unit 2: Me, My Body, My Health</p> <p>Coping with conflict Caring and Friendships Respectful Relationships Mental Wellbeing Internet Safety and Harms</p>	<p>LKS2 Module 2: Created to love others Unit 1: Religious Understanding</p> <p>Emotions and Feelings Being Safe Mental Wellbeing</p>	<p>Module 1: Created and loved by God Unit 2: Me, my body, my health.</p> <p>Friendship and Inclusion Respectful relationships Caring friendships Mental Wellbeing</p>	<p>Module 2: Created to love others Unit 2: Personal relationships</p> <p>Friendships and coping with bullying Caring and Friendships Respectful Relationships Online Relationships Being Safe Mental Wellbeing</p>	<p>Conflict resolution Caring Friendships Respectful Relationships Online Relationships Mental Wellbeing</p> <p>Protected Characteristics and bullying Respectful relationships Online Relationships Mental Wellbeing</p>

				<p>Making and breaking friendships Caring Friendships Mental Wellbeing</p>			<p>Stereotypes and diversity Respectful Relationships</p>	
Spring	<p>Module 2: Created to love others Unit 1: Religious Understanding</p> <p>Module 2: Created to love others Unit 2: Personal Relationships</p> <ul style="list-style-type: none"> • Talk about their feelings (if they are happy or sad and why). • Play with more than one child, extending and elaborating play ideas. • Takes part in pretend play • Builds upon two way conversations (listening and responding to others). • Takes risks and tries new things. 	<p>Module 1: Created and Loved by God Unit 3: Emotional Well-being</p> <p>Module 1: Created and loved by God Unit 4: Life Cycles</p> <ul style="list-style-type: none"> • Build constructive and respectful relationships. • Express their feelings and consider the feelings of others. • Can talk about what they can do well and what they need help with. • Shows confidence choosing the resources they need for activities. 	<p>Module 2: Created to love others Unit 2: Personal Relationships</p> <p>Losing and Finding Mental Wellbeing</p>	<p>Module 1: Created and loved by God Unit 3: Emotional Wellbeing</p>	<p>LKS2 Module 2: Created to love others Unit 2: Personal relationships</p>	<p>Module 1: Created and love by God Unit 3: Emotional Wellbeing</p>	<p>Module 1: Created and loved by God Unit 4: Life Cycles</p>	<p>Module 1: Created and Loved by God Unit 3: Emotional Wellbeing</p>
	<p>Module 2: Created to love others Unit 3: Keeping Safe</p>		<p>Module 3: Created to live in the community Unit 1: Religious Understanding</p> <p>Module 3: Created to live in community Unit 2: Living in the wider world</p>	<p>Module 3: Created to live in the community Unit 1: Religious Understanding</p> <p>Me and my community Being a responsible citizen</p> <p>Where do things come from? Being a responsible citizen Economic Wellbeing</p>	<p>Module 3: Created to live in Community Unit 1: Religious Understanding</p> <p>Persuasion and Pressure Respectful Relationships Being Safe Online Relationships Mental Wellbeing</p>	<p>Module 2: Created to love others Unit 3: Keeping Safe</p> <p>What makes a democracy? Being a responsible citizen</p>	<p>Money and me Economic Wellbeing</p> <p>Year 6 Relationships Conference Module 1: created and loved by God Unit 1: Religious Understanding Unit 2: Me, My Body, My Health Unit 4: Life Cycles</p>	
Summer	<p>Module 3: Created to live in Community Unit 1: Religious Understanding</p> <p>Module 3: Created to live in Community</p>	<p>Module 2: Created to love others Unit 3: Keeping Safe</p> <p>Module 3: Created to live in community Unit 1: Religious</p>	<p>Looking after myself Being Safe</p> <p>Keeping Safe Being Safe Health and Prevention</p> <p>The Environment Being a</p>	<p>Global Food Being a responsible citizen</p>	<p>LKS2 Module 2: Created to love others Unit 2: Personal relationships</p>	<p>Module 3: Created to live in Community Unit 2: Living in the wider world</p> <p>Healthy Lifestyles Healthy Eating Health and Prevention</p>	<p>Module 3: Created to live in community Unit 1: Religious Understanding</p> <p>Healthy lifestyles Mental Wellbeing</p>	<p>Healthy Lifestyles Health and Prevention Basic First Aid</p> <p>Democracy and Decisions Being a responsible citizen</p>

	Unit 2: Living in the wider world	Understanding	responsible citizen			Physical Health and Fitness	Physical Health and Fitness Healthy Eating Health and Prevention	
	<ul style="list-style-type: none"> • Begin to understand the feelings of others and respond appropriately. • Help to find solutions to conflicts. • Follow rules without always needing reminding. • Engages in pretend play with different roles • Aware of similarities and differences between themselves and others and celebrates these. 	<ul style="list-style-type: none"> • To show resilience and perseverance in the face of challenge. • To identify and moderate their own feelings and emotions. • To manage their own needs. • To think about the feelings and perspectives of others. • As above and... • Help the children to talk about and reflect on their learning through self evaluation. • Help the children to set and achieve their own goals. • Provide strategies for calm behaviour (breathing, time in a quiet space). • Notices when they can improve their creations and sees this as learning and improving. 	Module 3: Created to live in the community Unit 1: Religious Understanding Money Economic Wellbeing	Exploring our families Families and people who care for me Being Safe Money, shopping and saving Economic Wellbeing	LKS2 Module 3: Created to love others Unit 1: Religious Understanding Aspirations Economic Wellbeing Careers Managing Money Economic Wellbeing	Managing Money Economic Wellbeing	Self-respect and personal goals Respectful Relationships Working together and aspirations Respectful relationships Careers Money Economic Wellbeing Being a responsible citizen	Aspirations, work and career Economic Wellbeing Careers Moving On Mental Wellbeing

TenTen curriculum

Module 1: Created and loved by God

Module 2: Created to love others

Module 3: Created to live in the community

PSHE HEP Planning:

Core theme 1: Health and wellbeing

Core theme 2: Relationships

Core theme 3: Living in the wider world

EYFS - PSED ARE by term